

Kitchen



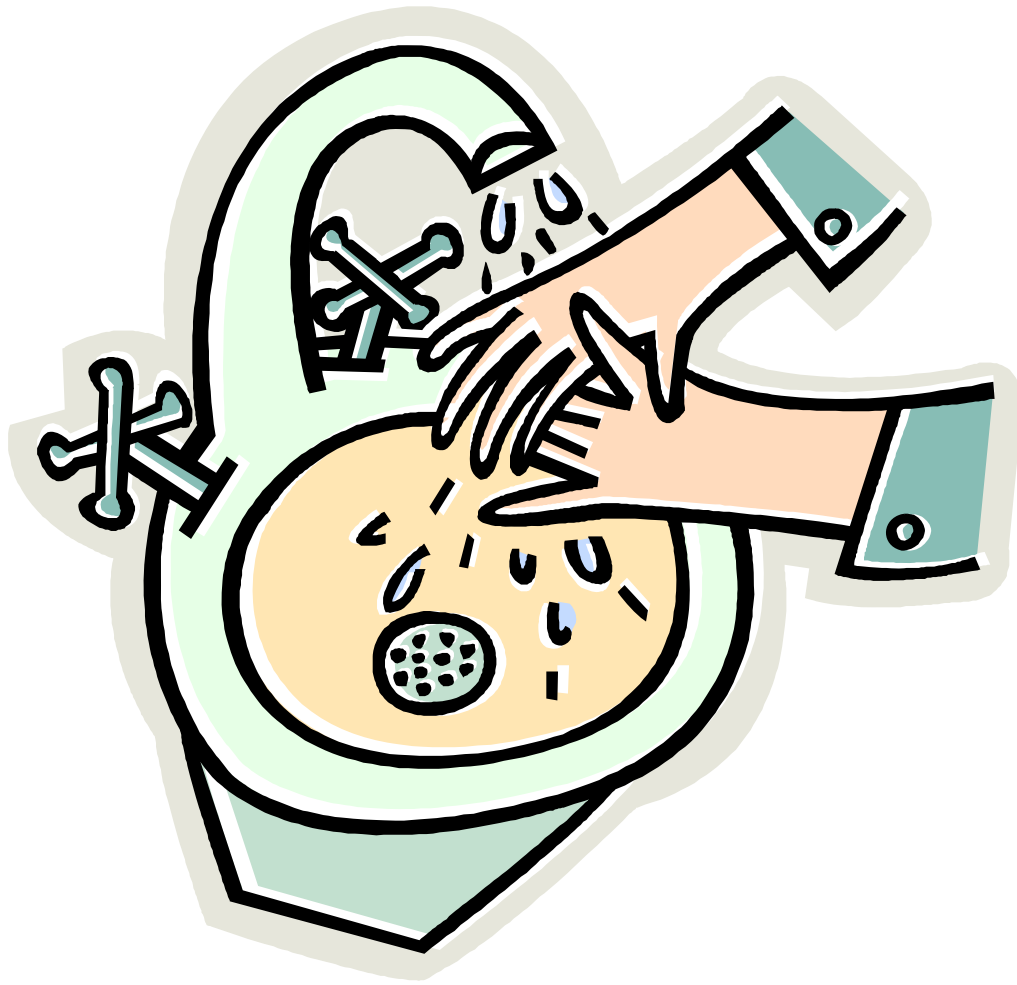
Hygiene



**Wear an
apron**



Tie back
hair



**Wash your
hands**



Remove jewellery

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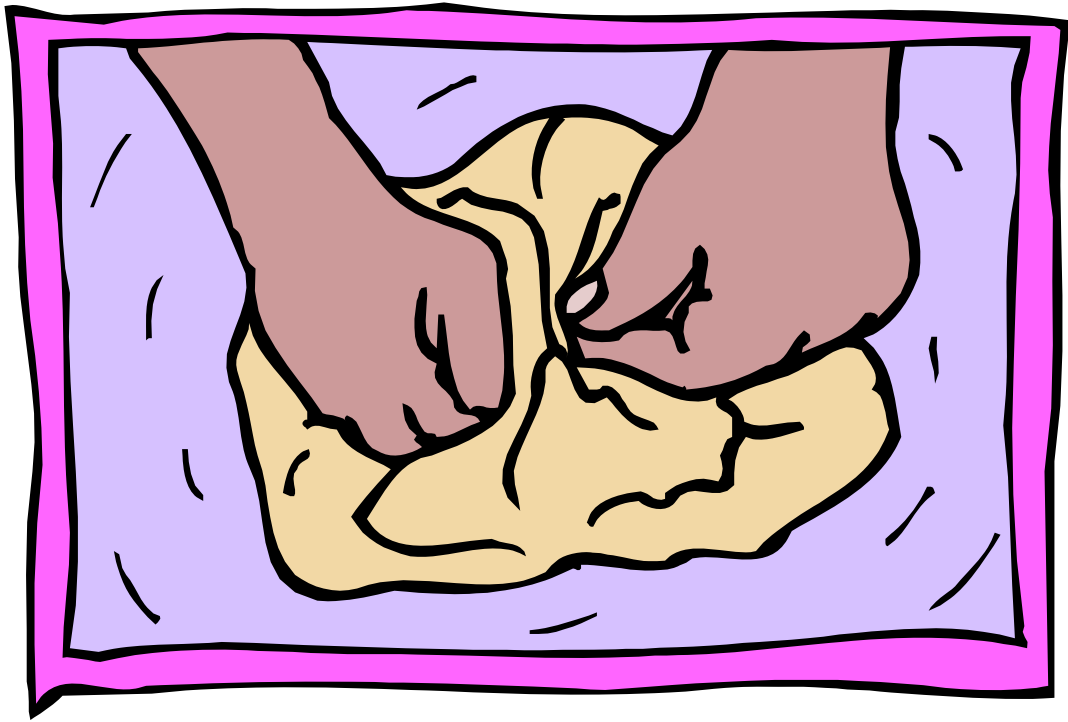


Cover cuts and sores

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**Don't cough
or sneeze**



**Handle food
as little as
possible**