



# stir

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# mix

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# pour

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# whisk

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# spoon

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# ladle

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# whip

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# beat

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# boil

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# mash

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# cook

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# simmer

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# marinade

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# sauté

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# sear

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# stew

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# sweat

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# fry

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# steam

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# poach

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# scramble

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# blend

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# flip

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# sprinkle

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# dissolve

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# heat

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# melt

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)



# toss

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)

# Cooking



# Words

© Seomra Ranga [www.seomraranga.com](http://www.seomraranga.com)