

HAIR FACTS

Did You
know...

1. Hair grows at the rate of about 0.3 – 0.5mm per day
2. People have more than 100,000 hairs on their head
3. Hair keeps your head warm and provides a cushion for your skull
4. 50- 100 hairs fall out of your head daily – these are replaced by new hairs
5. Hair comes in many different colours textures – these are determined by your genes
6. Boys' hair grows more quickly than girls' hair
7. Human hair grows faster in warm weather
8. Hair grows from a follicle under the skin
9. The only "living" part of a hair is found in the follicle as it grows. The hair itself is considered "dead"

10. On humans, hair can grow in most places, except for places like the palms of the hands, the soles of the feet, the lips and eyelids

11. Hair is made up mostly of a protein called keratin, the same substance that fingernails are made from

12. When wet, a healthy strand of hair can stretch 30% longer

13. Hair is regularly used as forensic evidence as it can tell a lot about a person

14. Male and female hair are identical in structure

15. Black is the most common hair colour

16. Red is the rarest natural hair colour, existing in only 1% of the population

17. Blonde hair is found in about 2% of the population

18. Apart from bone marrow, hair is the fastest growing tissue in the body

19. At any given time, 90% of the hairs on your scalp are growing, while the other 10% are resting

20. On average, the lifespan of a human hair is 2-7 years

21. Regular haircuts keep hair healthy

22. A single hair strand is 0.2 – 0.4mm thick

23. Your diet can affect the health of your hair and how it looks

24. 50% of men have male pattern hair loss by the age of 50

25. The loss of 50% of your hair means that balding has started

26. Most drugs cause hair loss

27. When you are born, you have about 1000 hair follicles per cm^2 – this number drops as you grow older

28. Each hair follicle grows a completely new follicle about 20 times in a lifetime

29. The word “shampoo” comes from the Hindi word “champna” which means “to knead”

30. It takes about 7 years to grow your hair to your waist, 3 years to grow to your shoulders

31. The first liquid shampoo on the market was called “Dop” and came out in 1952

32. Hair is stronger than a copper wire of the same diameter

33. “Alopecia” is the medical name for hair loss

34. Asian hair is almost always straight and black/dark brown



35. Africans and Europeans are more prone to balding than Asians