

Our Prayers



Grace Before Meals

Bless us O God
As we sit together.
Bless the food
We eat today.
Bless the hands
That made the food.
Bless us O God,
Amen.



Grace After Meals

Thank you God
For the food we have
eaten.

Thank you God
For all our friends.

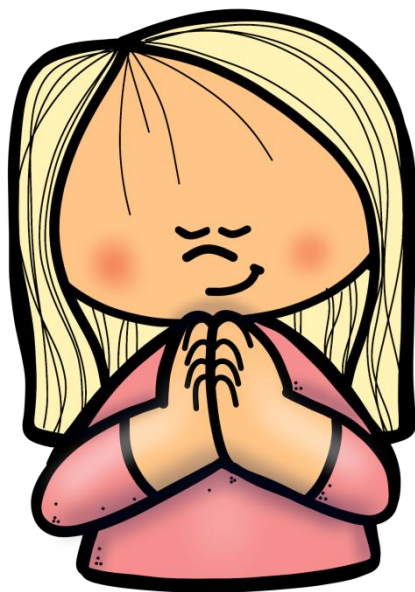
Thank you God
For everything.

Thank You God.
Amen.



Morning Prayer

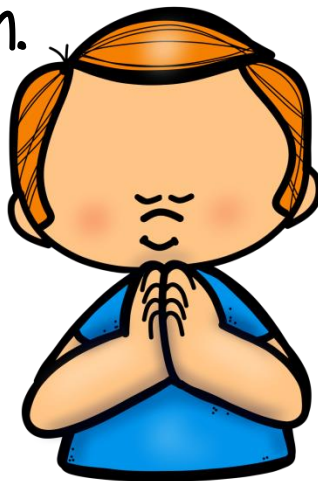
Father in heaven, you love me,
You're with me night and day.
I want to love you always
In all I do and say.
I'll try to please you Father Bless
me through the day. Amen.



Evening Prayer

God our Father, I come to say
Thank you for your love today.
Thank you for my family,
And all the friends you give to
me.

Guard me in the dark of night,
And in the morning send your
light. Amen.



The Sign of the Cross

In the name of the
Father,
and of the Son,
and of the Holy Spirit.
Amen.



Glory Be to the Father

Glory be to the Father,
And to the Son,
And to the Holy Spirit,
As it was in the beginning,
Is now and ever shall be,
World without end. Amen.



Our Father

Our Father, who art in heaven,
Hallowed be thy name.

Thy Kingdom come, Thy will be done
On earth as it is in heaven.

Give us this day our daily bread
And forgive us our trespasses

As we forgive those who trespass
against us.

And lead us not into temptation,
But deliver us from evil. Amen.



Hail Mary

Hail Mary, full of grace,
The Lord is with thee.

Blessed art thou among women
And blessed is the fruit of thy
womb, Jesus.

Holy Mary, mother of God,
Pray for us sinners,
Now, and at the hour of our death.
Amen.



Prayer to Guardian Angel

O Angel of God, my guardian dear,
To whom God's love commits me
here,
Ever this day be at my side,
To light and guard,
to rule and guide.
Amen.



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