

# NORMAN SHIELDS

This Visual Arts lesson would be perfect to integrate with an SESE History lesson on the Normans, probably in middle standards.

1. Place a sheet of art paper in portrait mode in front of you.
2. Outline the shape of a Norman shield, ensuring that you use up most of the page. Allow pupils to explore different shapes for the shields.
3. Allow the pupils to design the shield with whatever patterns they may wish. Perhaps they could look at some shields in books or on the internet for some ideas. However, they can use their imagination to explore art concepts like line, shape and colour.
4. Paint the shield using any colours. Allow the paint to dry overnight.
5. If they wish, pupils could outline shapes within the shield with permanent black marker – this allows the colours to stand out.
6. Only cut out the shield when the paint is dry.
7. When displaying the shields, don't attach them to the wall "flat". Give them a 3-D effect by making a "belly" in the centre before attaching them to the wall – do this by attaching a thumb tack to the top of the shield, create a belly by pushing the bottom of the shield up a little and then placing another thumb tack on the bottom.

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Kind regards, Seomra Ranga

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