

Ag Déanamh Pancóga

Comhábhair





im



uibheacha



siúcra



bainne

A close-up photograph of a person wearing a blue apron, pouring white flour from a wooden scoop into a clear glass bowl. The person's hands are visible, and the flour is captured mid-pour, creating a soft, billowing cloud. The background is dark and out of focus. The entire image is framed by a black border with white dashed lines, resembling a film strip.

plúr



líomóidí



sioróip

Gréithe Cócáireachta



A person wearing a brown sweater and a green apron is sitting at a white marble kitchen counter. They are looking at an open recipe book that shows a colorful vegetable salad. The book is resting on a stack of two other books, one with a brown cover and one with a red cover. In the background, there are various kitchen items: a glass bowl of mushrooms, a glass bowl of green salad, a pepper mill, a white mug, and wooden cutting boards. The scene is framed by a black film strip border.

oideas



scálaí

friochtán

spúnóg adhmaid





greadtóir



spadal

babhla





Oideas

1.



Nigh
do
lámha

2.



Cuir an
plúr sa
bhabhla

3.



Cuir
bainne
agus ubh
sa bhabhla
freisin

4.



Measc
iad le
chéile

5.



Cuir im ar
an
bhfríochtán

6.



Cuir cuid
den
meascán
isteach sa
fhriochtán

7.



Flip an
pancóg
san
aer

8.



Nuair atá sé
déanta, cuir
an pancóg
ar phláta

9.



Cuir sú
líomóide,
siúcra agus
síoróip ar
an bpancóg

10.



Ith an
pancóg
agus bain
taitneamh
as!

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Kind regards, Seomra Ranga

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