











Punch the Holes

These hole punching activities are intended to help to develop a pupil's hand muscles in order to improve their fine motor skills. Purchase one of these single hole hand punchers in your local stationery shop or online. The pupil should use a fist grip to pull the two levers together to punch a hole.



It is suggested that these pages are photocopied onto white or coloured card as the card will give a little more resistance when punching a hole. Cut out the shapes for the pupil, or get them to cut them out themselves if they are able. The hole puncher should be held in their dominant hand and the shape held in the other hand. The hole puncher should be held over each black spot on the shape before punching the hole. Once the pupil has punched a hole on each black spot, they will know that the task has been completed.

For Your Information

Thank you for downloading this Seomra Ranga resource. We hope that you find it practical and useful in your classroom.

Please be aware of the following conditions before using this resource.

Please DO:

- Print and copy this resource so that you can use it with your pupils.
- Make this resource available to your pupils in a private enclosed online space eg. Google Classroom, Seesaw, Edublogs etc.
- Tell others if you have found it useful.

Please DO NOT:

- Copy or share this resource (in part or whole) with others who have not joined our website. By becoming a member for themselves, they will help the site develop into the future.
- Make this resource available on your school website for anyone to download.
- Share this resource with participants on any sort of course
- Share this resource with other teachers in online groups eg. Facebook Groups, WhatsApp Groups etc.

Kind regards, Seomra Ranga

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